

# CELEBRATE NATIONAL WEAR RED DAY® FRIDAY, FEBRUARY 5, 2010



**On National Wear Red Day®** Americans nationwide will wear red to show support for women's heart disease awareness. *The Heart Truth®* is: "Heart Disease Doesn't Care What You Wear—It's the #1 Killer of Women.®"

Join the national awareness movement by wearing red on February 5th and encourage your family, friends, and coworkers to do the same. For more information on *The Heart Truth* campaign, National Wear Red Day, and The Red Dress—the national symbol of women and heart disease awareness—visit [www.hearttruth.gov](http://www.hearttruth.gov).



U.S. Department of Health and Human Services  
National Institutes of Health  
National Heart, Lung, and Blood Institute



*The Heart Truth* is a national awareness campaign for women about heart disease sponsored by the National Heart, Lung, and Blood Institute. ®,™ *The Heart Truth*, its logo, The Red Dress, and Heart Disease Doesn't Care What You Wear—It's the #1 Killer of Women, are trademarks of HHS. ®National Wear Red Day is a registered trademark of HHS and AHA.